

Review date	30/10/2020
Version No.	3

Families First Practitioners Early Help Work

Assessments	
GCP2 (Graded Care Profile 2)	Assessment of Neglect. To be completed and lead by social worker/FFP/ trained agency worker- list available (FFPs to support aspects of this if they not the lead)
PAMS (Parent Assessment Manuel)	Assessment of capacity to parent. Trained FFPs- only for those who meet the criteria with a learning disability following the remit of the licence signed up for
EHA (Early Help Assessment)	Assessment of concerns at the level 2 of threshold -using signs of safety model. All agencies to complete with support from FFPs if needed

A brief summary of the offer is available in further detail below

Early Years 0-5 Sure Start Childrens Centre

Targeted activity groups for young children and their parents/carers that promote 1. Attunement and parental sensitivity. 2. Communications and language skills 3. Social and emotional skills and positive behaviour communication skills.

Group activities to support and encourage giving children the best start in life and prepare for nursery and school: include Baby Massage; Baby Yoga; Mini Rhyme time, Midi Rhyme time; Active play sessions; Ready Steady for Nursery; language via Listening.

FFPs support the delivery of the Health Visiting Healthy Child Programme, which includes 2 x development checks at 10-12 months and 2 years for every child in the local authority, Health visiting clinics support.

One to One work leading on the **Pre-Birth Pathway** (supporting parents- to- be with practical, nurturing parenting programmes) One to one work with health-weaning/toilet training/age stage etc. In addition, we have early education and Nursery/childminder links within the local community. Training and employment support and links into Job Centre.

Parents of children with a special educational need or disability

Sensory rooms available in hubs with stimulating and interactive equipment. **'Parents Supporting Parents'** groups (two groups 0-5 and all ages) Support and guidance all year round with knowledge, information and friendship. SEN, Barnardo' (Sendiass) provide talks. These groups help to build strength and independence; feel more included within the community and empowered to address any worries or concerns that may arise. **Stepping Stones Parenting Programme:** to support parents/carers with children 0-12 with a suspected or diagnosed additional need or disability

Strengthening Families

15 packages of one to one work Healthy Relationships; Impact of drugs and alcohol abuse; Managing feelings; Boundaries and Behaviour management; Keeping Children Safe; Home safety; Impact of Domestic Abuse; Raising self- esteem and aspirations; Parental Mental Health support; Impact of Neglect; Child Psychology; Step-Up Programme; Pre- Birth Parenting Programme; Building Blocks; Parenting Puzzle Family Links.

9 x Parenting Group Programmes Parenting Puzzle (under 4s); Family Links Nurturing Programme (5-11 years); Triple P (standard birth -12); Triple P (Teen 13+); Triple P Stepping Stones (0-12); VIG (Video Interactive Guidance); DART (Domestic Abuse Recovery Together); FSM (Familial Substance Misuse Programme) ;

Out of Court Interventions

This offer seeks to prevent children and young people entering the criminal justice system by diverting them away from crime and anti-social behaviour and working with them in a way that they do not identify as a criminal. This is done by **4 types of intervention** 1 to 1 case work; Working with the whole family; Owning their own plans through a workbook that works on 4 key areas, family relationships, positive activity, education and health; The work is measured using the good life model. Referrals from the police.

Harmful sexualised behaviour

This offer is linked to the sexual harm strategy and works in a victim first approach, we offer AIM assessments, 1 to 1 casework. Turtle programme, Goodway programme and change for good programme. Problematic behaviour is supported through work that includes healthy relationships, the law, boundaries, consent and keeping safe. Support for parents to manage behaviour. Trauma therapy through YMM. Safety planning in schools and homes.

Vulnerabilities in Young People M.E.T. (Missing, Exploited and Trafficked)

M.E.T referral mechanism follows the referral process and regular allocation meetings are held in partnership with children's social care and the wider system. FFPs complete the Missing Debriefs, one to one work healthy relationships/safety and risk CSE and CCE etc. Development of two groups **Boys Group (10-14 years- prevention of criminal exploitation)** and **Girls Group (12-16 years)** week group sessions include; life skills, peer support, self-esteem, body image and confidence; puberty, anatomy, healthy relationships, self-harm, CSE, CCE, e safety, risk taking behaviours, sexual health and law, mental and emotional wellbeing. Group work in schools

VOICE OF THE CHILD AND THEIR LIVED EXPERIENCES 'Voice of the child' to be included in every intervention with tools and resources available to suit their individual needs. The child has lived experiences to form as part of the assessment to ensure there is a clear intervention and evidence of the child being the focus at all times. Analysis of all this to be completed during review and closure preparation. (A task and Finish is in process)

FOR FURTHER INFORMATION OR QUERIES, PLEASE CONTACT LOCALITY FAMILY HUBS

Locality 1 – Cleethorpes Reynolds and Highgate – 01472 364902

Locality 2 – East Marsh , Heneage, Humberston and New Waltham- 01472 326860

Locality 3 – Immingham, Queensway, Broadway- 01472 324848

Locality 4 – Nunsthorpe and BP, Riverside, West Marsh and Scartho – 01472 326600