












Children Services - Directory of Services




Family Support			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
<p>NELC Children’s Integrated Front Door (IFD)</p>	<p>From October 2023, the only form used to request a Local Authority service, from the IFD is the Early Help Assessment.</p> <p>For immediate safeguarding concerns, please call the IFD directly on 326292 opt 2, opt 2, to make a referral.</p> <p>NELC’s Children’s Front Door will undertake an initial consideration of the referral that will proceed to one of the following outcomes:</p> <p>Progress to Assessment If the information they gather shows clearly that a child is in Need or in Need of Protection, they will allocate the matter for an Assessment to a qualified statutory Social Worker</p> <p>Progress to Locality Early Help Offer If the matter does not meet threshold 4 however a service will be beneficial to meet the needs of the child or family and complex early</p>		<p>Tel: 01472 326292 Option 2, opt 2</p> <p>Email: nelcchildrensfrontdoor@nelincs.gov.uk</p> <p> NELC Revised EHA October 2023.docx</p> <p>https://www.safernel.co.uk/wp-content/uploads/2023/10/Early-Help-Assessment-Tool.docx</p> <p> Threshold-of-Need-2 020-Inc-Extra-Fam-Se</p>




	<p>help is advised, the referral will go to the Early Help team to progress and contact the referrer to advise of the next steps.</p> <p>TAF Support If the referral does not meet the threshold for Complex Level 3, but support is requested, the Front Door may suggest Team Around the Family involvement, which supports the referrer and the family to explore and manage the worries together.</p> <p>Provision or Information or Advice In some cases, information will be sent to the family with advice for early help services via a single agency.</p>		
<p>LADO Process</p>	<p>It is important that all staff know how to report an allegation of harm by a professional against a child. This is a reminder of the process for all NE Lincs CSC staff.</p> <p>If you have a concern about a professional or volunteer who may have harmed a child or if you need to seek advice about whether the matter meets LADO threshold, the following applies</p> <ol style="list-style-type: none"> 1. Contact LADO at lado@nelincs.gov.uk. This email is always covered by Business Support and the Service Manager for CSRS when the 		





	<p>LADO is not available. The LADO should be informed of the allegation within 24 hours.</p> <p>2. Do not send an email to an individual email address. You will find that the address Finola.owens@nelincs.gov.uk has an automatic response asking that you contact LADO directly</p> <p>3. If you are unsure whether the matter is a LADO referral, LADO will offer advice and consultation, if you provide contact details.</p> <p>4. The LADO procedures and referral form are available on the internet, under LADO, as follows:</p> <p>https://www.safernel.co.uk/report-a-concern/</p>		
<p>NELC Early Help Service</p>	<p>Early Help offers a range of services to support families, from group activities through to 1-1 support for more complex family issues.</p> <p>The Early Help Service can co-ordinate packages of support for families living with a number of issues such as complex neglect, domestic abuse, substance misuse, parental mental ill health and parental conflict.</p> <p>The vulnerabilities team support young people in the local community who are subject to or at risk of child criminal exploitation, child sexual exploitation and children that go missing from home and care.</p>	<p>Universal services through to Complex level 3, threshold.</p>	<p>Tel: 01472 326292 Option 2, option 2</p> <p>Email: nelcchildrensfrontdoor@nelincs.gov.uk</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>Threshold-of-Need-2 020-Inc-Extra-Fam-5e</p> </div> <div style="text-align: center;">  <p>NELC Revised EHA October 2023.docx</p> </div> </div> <p>https://www.safernel.co.uk/wp-content/uploads/2023/10/Early-Help-Assessment-Tool.docx</p>

<p>NELC Families First Information Service (FIS) Civic Offices Knoll Street Cleethorpes North East Lincolnshire DN35 8LN</p>	<p>Information and guidance to support parents with childcare, funding and signposting to other services.</p> <p>FIS advertise this directory of services and their own online directory of support services for parents, including activities, clubs and groups.</p>		<p>Tel: 01472 326292 option 1 Email: fis@nelincs.gov.uk</p> <p>North East Lincolnshire Council - FIS (nelincs.gov.uk)</p> <p>Activities for 0 to 19 - NELC NELC (nelincs.gov.uk)</p>
<p>NELC Family Group Conference (FGC) Nunsthorpe Family Hub, Sutcliffe Avenue, Grimsby DN33 1AN</p>	<p>The Family Group Conferencing Service is offered to families to give them a chance to find out what is happening within their family and to talk about how to overcome any problems they face. A Family Group Conference builds on the families own skills, strengths and personal knowledge to resolve difficulties for children and young people.</p>		<p>Tel: 01472 324987 Email: FGCReferrals@nelincs.gov.uk</p> <p> FGC%20Referral.doc  FGC Guide for Referrers.pdf</p>
<p>NELC Conflict Resolution Mediation Service (FGC) Nunsthorpe Family Hub, Sutcliffe Avenue, Grimsby. DN33 1AN</p>	<p>The mediation service is available to, all families that are open to children's services who are involved in high level conflict that cannot be readily resolved by early intervention or prevention measures by FFP's, Social Workers and Practitioners using basic conflict resolution techniques.</p>		<p>Tel: 01472 324987 Email: FGCReferrals@nelincs.gov.uk</p> <p> Mediation Guide For Users Leaflet.pdf  Mediation%20referra FGC%20mediation%20pathway%20(prc20referral%20form.doc</p>
<p>NELC LifeLong Links Nunsthorpe Family Hub Sutcliffe Avenue</p>	<p>Is for young people in care. It helps to find and bring family and professionals together who</p>		<p>Tel: 01472 326701</p>

<p>Grimsby DN33 1AN</p>	<p>care about the young person, who they can turn to for support.</p>		<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  LLLs referral.docx </div> <div style="text-align: center;">  11521 FGC Pack Leaflet (Tri fold).pdf </div> </div>
<p>NELC Keeping Families Together (KFT) Civic Offices, Knoll Street, Cleethorpes, DN35 8LN</p>	<p>Keeping Families Together offers an essential and intensive service to the Children and Families of North East Lincolnshire. The team works with children who have been identified to be on the edge of care.</p> <p>The practitioners within the service will use a 'relationship based' model which focuses on assisting and addressing those issues which are increasing the risk of the child entering the care system. A whole family approach will be taken, however work will be targeted, and as such more intensive work may be offered to one family member, while a lesser of a service is offered to others.</p> <p>KFT does not replace the work of the primary social work teams but will sit alongside this intervention and seek to enhance it. This will mean that social work teams will continue to provide the core safeguarding services required in supporting children and their families, however a more intensive service can be delivered by this team of practitioners.</p>	<p>11yrs +</p>	<p>E-mail for referral: -</p> <div style="text-align: center; margin-top: 20px;">  Keeping Families Together Referral Fori </div> <p style="text-align: center; margin-top: 20px;">keepingfamiliesaltogether@nelincs.gov.uk</p>

<p>NELC GRAFT Team (child criminal exploitation) Civic Offices, Knoll Street, Cleethorpes, DN35 8LN</p>	<p>The GRAFT team offer an intensive response to children within North East Lincolnshire who are experiencing active exploitation, or those children who have been identified at high risk of exploitation.</p> <p>The practitioners within the service will use a relationship-based youth work model to engage with children who at times can be our most difficult to reach. The support offered is not time limited, and we do continue to support some children post 18 based on the circumstances at the time.</p> <p>Allocations into the team will be considered on a case-by-case basis- allocation will only be agreed by the Team Manager and Assistant Team Manager. This is following the exploitation pathway being followed. Where any professional has a concern around child exploitation then an exploitation tool needs to be completed.</p>	<p>High risk</p>	<p>Tel: 01472 326292 Option 2, option 2 Email: nelcchildrensfrontdoor@nelincs.gov.uk</p> <p>Complete the EHA and Exploitation Risk Assessment Tool below and send both to the Integrated Front Door.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  NELC Revised EHA October 2023.docx </div> <div style="text-align: center;">  N E Lincs Exploitation Risk Assessment Tool </div> </div> <p>Please also see the attached Exploitation Pathway for further guidance.</p> <div style="text-align: center;">  NEW Exploitation Process flowchart Upc </div>
<p>Safe Families</p>	<p>Offer bespoke packages of support, delivered through a network of volunteers, to families in crisis or in need. The Safe Families approach is holistic in nature and aims to work with families by supporting parents and/or working directly with children.</p>	<p>Parents/carers who have needs which impact on their parenting capacity, for example those who are affected by:</p>	<p>Tel: 0115 922 7593</p> <p>For pre-referral enquiries please contact the referrals team at; Email: office.midlands@safefamilies.uk</p> <p>How to make a referral: https://refer.safefamilies.uk/ Referral code to use: 208</p>

	<p>Safe Families offer safe short stay hosting for children, befriending support for parents and children</p>	<p>Learning disabilities, Mental health needs, Substance misuse issues</p> <p>First time mums who have increased vulnerabilities</p> <p>Care experienced young people moving into their own accommodation</p> <p>This is not an exclusive list and referrals can be accepted across the intervention spectrum, from Early Help to Social Care, and can also be made by external agencies.</p>	<p> Safe Families - Referral Criteria NEL (</p>
<p>Safe Families Flawsome Community</p>	<p>The Flawsome Community is a service that offers practical, emotional and specialist mental health support to women who are at risk of separation from their baby at birth or afterwards. We support all women in the</p>	<p>Supporting all Women who are at risk of or who have had a child/children removed.</p>	<p>https://safefamilies.uk/about-us/</p> <p> Flawsome leaflet for mums.pdf</p> <p> Flawsome NEL Service Specification \</p>

	Cleethorpes and Grimsby area (North East Lincs).		
<p>CatZero The Business and Digital Hub, Freeman Street Market, Grimsby, DN32 7DS</p>	<p>Early intervention to address barriers to personal and family development. Helping families to make lasting change, offering support with anything from family activities, behaviour management, debt, poor school attendance through to substance misuse and mental health. Will also support parents/families to access further agencies.</p> <p>This agency will take a completed EHA as a referral.</p>	East/ West Marsh/ Nunsthorpe & Cleethorpes	<p>Email: info@catzero.org Tel: 01482 333303 Website: https://catzero.org/ https://catzero.org/wp-content/uploads/2021/04/Full-Family-Booklet.pdf</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Full%20Families%20 NELC Revised EHA Referral%20Form%2C October 2023.docx</p>
<p>Creating Positive Opportunities (CPO) Centre4, 17a Wootton Rd, Grimsby DN33 1HE</p>	<p>Early intervention programme working alongside – Catzero to deliver an Early Help community social work programme - Full Families.</p> <p>Supporting parents before crisis point with behaviour management, parenting, identifying the barriers to low school attendance and supporting accordingly, they offer peer support groups, support with budgeting/menu planning /health and wellbeing (having their own inhouse personal trainer) and courses in education and life skills. Furthermore, offering</p>	Borough wide – Including Immingham	<p>For more information or enquiries please contact Email: fiona@mycpo.co.uk Tel: 01472 236680 or 07872 898873 Website: www.mycpo.co.uk</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>NELC Revised EHA October 2023.docx Full%20Families%20 Referral%20Form%2C</p>


	help to those parents whose barriers may include mental health or substance misuse.		
<p>KIDS - Giving disabled children a brighter future.</p> <p>Sleep Project – This is service is not just for disabled children and young people</p>	<p>KIDS provide CBT sleep support for children with a diagnosis or disability; however they also accept children who are receiving additional support at school, are on an assessment pathway or if their parents believe that there is something their child will need support with in the future, this could be a suspicion their child shows traits of ASD/ADHD for example. Additionally, we can accept referrals where children have social, emotional or behavioural issues. This can include anxiety for example.</p>	<p>Parents/Carer’s Young People and Children</p> <p>KIDS accepts most children as the social and emotional umbrella stretches quite wide – if in doubt please enquire.</p>	<p>Website Information, Advice & Family support KIDS</p> <p>KIDS Yorkshire and The Humber 182 Chanterlands Avenue, Hull HU5 4DJ Telephone: 0148 246 7540</p>
<p>Oasis Hub South Grimsby Sutcliffe Avenue, Grimsby DN33 1AW</p>	<p>Offering the FLNP parenting programme, access to youth support, a youth club and parent and baby groups. Support for better housing provision. encouraging education opportunities, supporting with applications, finding volunteering opportunities, or accessing counselling or well-being services.</p>	<p>Only available to parents/children on the South Ward or children attending Oasis Nunsthorpe or Oasis Wintringham</p>	<p>Tel: 07983298965 Email: Michelle.Donner@oasiswintringham.org Website: CONTACT US - (oasisouthgrimsby.org)</p> <p>Referral: Family & Youth Support Sign Up - Oasis Hub South Grimsby (office.com)</p>

Grimsby Dad's Collective	<p>The purpose of the support group is to connect dads and give them the opportunity to come together over a coffee, access a variety of social activities, and make new friends. They also plan to invite guests to provide information on a range of dad related topics that may be both interesting and useful for dads.</p>	<p>For all dads</p>	<p>The GDC support group for dads, 'Dads Connect', runs fortnightly.</p> <p>Day: Saturday</p> <p>Time: 10am - 11.30am</p> <p>Location: YMCA Humber, 21 Freeman Street, Grimsby</p> <p>For more information, please email on info@ymca-humber.com or call 07593586262.</p>
---------------------------------	---	---------------------	---

Mental Health			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
<p>CRISIS Team - Single Point of Access</p> <p>(Adults 24-hour North East Lincolnshire Mental Health Support line)</p>	<p>Mental health emergencies or immediate response required</p>	<p>Adults</p>	<p>Single Point of Access Tel: 01472 256256 and select option 3</p> <p>Website: https://navigocare.co.uk/what-we-do/services-z</p>

<p>NSPCC Grimsby Service Centre</p> <p>Freshney Green Primary Care Centre, Sorrel Road, Grimsby, DN34 4GB</p>	<p>Together For Childhood/ Young SMILES Programme</p>	<p>East/ West Marsh area</p>	<p>Tel: 01472 803500</p>
<p>ANDYSMANCLUB – mental health support</p>	<p>ANDYSMANCLUB, want to eliminate the stigma surrounding mental health and create a judgment-free, confidential space where men can be open about the storms in their lives.</p>	<p>For men over 18 years of age</p>	<p>Website: Andy's Man Club #ITSOKAYTOTALK Andy's Man Club (andysmanclub.co.uk)</p> <p>Find your nearest group Andy's Man Club (andysmanclub.co.uk)</p> <p>Weekly free to attend peer-to-peer support groups in Grimsby, Immingham and surrounding areas. Please consult website for details.</p>
<p>NAVIGO SafeSpace</p> <p>NAVIGO Coffee House on Brighowgate, Grimsby</p>	<p>Safespace is an out-of-hours, open door crisis cafe where you can get instant and practical mental health support. If you're feeling vulnerable in the evenings, you can drop into Safespace and speak to fully trained mental health professionals who will help you manage your wellbeing.</p> <p>Available Monday – Sunday 5.30pm-11.30pm (walk in/ telephone/ zoom)</p>	<p>Adults</p>	<p>Single Point of Access Tel: 01472 256256 and select option 3.</p> <p>Website: https://navigocare.co.uk/what-we-do/services-z/safespace</p>

<p>Give us a shout</p>	<p>Text service. Once you text, you will receive 4 automated messages before you are connected to a Shout Volunteer. This will usually be within 5 minutes but can take longer. The volunteer will introduce themselves and ask you to share a bit more about what's bothering you i.e., anxiety, depression, addiction</p>	<p>Young People and Adults</p>	<p>Text support 24/7 85258</p>
<p>Open Minds - NAVIGO</p>	<p>Open Minds offers a range of therapies aimed at helping you to deal with stress, anxiety or depression.</p>	<p>Young People 16+ / Adults</p>	<p>Tel: (01472) 625100. Email: NAV.OpenMinds@nhs.net</p> <p>To complete a referral online please visit; https://navigocare.co.uk/what-we-do/services-z/open-minds/self-refer-open-minds</p>
<p>Young Minds Matter Freshney Green Primary Care Centre Sorrel Road, Grimsby DN34 4GB</p>	<p>YMM provides emotional wellbeing and mental health service with a focus on prevention, early intervention and building a resilient community for children and young people</p>	<p>Children & Young People</p>	<p>Tel: 01472 252570 Email: lpft.nelymm@nhs.net</p>
<p>Fortis Therapy</p>	<p>Support young people, parents and staff through one-to-one confidential counselling, art and play therapy, and creative interventions.</p>		<p>Tel: 01472 241794 Email: enquiries@fortistherapy.co.uk claire@fortistherapy.co.uk</p> <p>Website: https://fortistherapy.co.uk/</p>

<p>LINCS Counselling Ltd 172 Yarborough Road, Grimsby, DN34 4DN</p>	<p>Qualified therapists who offer person-centred counselling, cognitive behavioural therapy, creative youth therapy and outdoor therapy. One to one session provided.</p>	<p>Young People/ Adults</p>	<p>Tel: 01472 564499 Website: www.lincscounselling.co.uk</p>  <p>Lincs Counselling LEaflet.jpg</p>
<p>Compass Go</p>	<p>Work with children and young people on a 1:1 basis offering Cognitive Behavioural therapy intervention.</p>	<p>Children & Young People</p>	<p>Tel: 01472 494250 https://www.compass-uk.org/services/north-east-lincolnshire-mhst/</p>
<p>Open Door</p>	<p>Support available for those with additional needs including people:</p> <ul style="list-style-type: none"> • with Asperger’s Syndrome and High Functioning Autism • who are homeless • from all ethnic groups • living with addiction • looking for employment and volunteering opportunities • Student Counselling Services 	<p>Adults</p>	<p>Tel: 01472 722000 Website: https://www.opendoorcare.co.uk/</p>
<p>North East Lincolnshire Mind</p>	<p>Mental health support, Safe Space service 7 days a week</p>	<p>Whole of NEL</p>	<p>All enquiries directed to 01472 349991 or the information line free phone 0800 1380990 www.nelmind.org.uk https://navigocare.co.uk/what-we-do/services-z/safespace</p>

Lincs Line	LincsLine is an out-of-hours service if you need mental health support due to mental ill health.	Adults	Tel: 0808 800 1010
NELC Wellbeing Service	Provide low level mental health support around anxiety/ depression/ healthy eating/ stopping smoking etc	Adults	Tel: 01472 325500 Service Referral link: Wellbeing Service Provider Referral Form - Section 1 - Self service portal (achieveservice.com) Self Referral Link: Wellbeing Service Self Referral Form - Section 1 - Self service portal (achieveservice.com)
Samaritans	Whatever you're going through, you can call or email Samaritans any time for free.	Adults	Tel: 116 123 free from any phone Tel: 0330 094 5717 local call charges apply Email: jo@samaritans.org Website: https://www.samaritans.org/branches/grimsby/?gclid=EAlaIQobChMI-53T6NDF9gIVD5ftCh1YwwpEEAAYASAAEgI4evD_BwE
Kooth	Kooth is an online mental wellbeing community with free, safe and anonymous support for young people through live chat.	Young People	https://www.kooth.com/
School Nurse Text Service	Offer support around mental health, bullying, self-harm, bereavement, alcohol, smoking, healthy eating, contraception, sex & relationships via text messaging	11yrs - 19yrs	Text: 07507331620

<p>JEFF Project - (Journey, Enrichment, Fulfilment, Friendship)</p>	<p>The project is an early intervention, emotional wellbeing mental health service for young people at risk of, or who are involved with the Youth Justice System.</p> <p>The project offers low intensity interventions, which aims to remove some of the behavioural challenges children face when accessing emotional wellbeing support. CYP are supported on a 1:1 basis, in the right environment, at the right time and sessions are not time limited. The project also has links to the voluntary & community sector to help CYP access activities and a safe space.</p>	<p>Children and Young People aged 8 – 18 years</p>	<p>Tel: 01472 494250</p> <p>Website: https://www.compass-uk.org/services/north-east-lincolnshire-mhst/jeff-project/</p>
<p>Healing Hands Play Therapy</p>	<p>Qualified Creative Arts and Play Therapist offering integrative holistic play therapy sessions to children aged 4-16 years in schools or children’s centres. Play Therapy is a form of child led counselling for children who are struggling socially and emotionally.</p>	<p>For children aged 4-16 years</p>	<p>Tel: 07794225001, Email: healinglittlehands@gmail.com,</p>

LGBT+ support and info

<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
Gendered Intelligence Youth & Community services	<p>Offering online trans youth groups for ages 7-30. They also offer groups specifically for young people of colour and transfeminine.</p> <p>Also offering great resources for families and young people.</p>	Children & young people and adults.	<p>Youth Groups Gendered Intelligence</p> <p>Home Gendered Intelligence</p>
Switchboard LGBT+ Helpline	Switchboard provides a one-stop listening services for LGBT+ people on the phone, by email and through instant messaging services.		<p>Tel: 0300 3300630</p> <p>Switchboard LGBT+ Helpline</p>
Gender Identity research & Education Society	<p>GIRES is a UK wide organisation whose purpose is to improve the lives of trans and gender diverse people of all ages, including those who are non-binary and non-gender.</p> <p>Offering training, resources for organisations, friends and family to support their understanding.</p>		<p>Groups in Yorkshire and Humberside – – Gender Identity Research & Education Society – Tranzwiki directory (gires.org.uk)</p>

Health

<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
NHS – Better Health	Advice and practical steps that you can take to support your wellbeing and manage your mental health	Anyone	https://www.nhs.uk/every-mind-matters/
Lets Talk Loneliness	Lets Talk Loneliness	Anyone	https://letstalkloneliness.co.uk/
Hub of Hope	Hub of Hope can be used to find local sources of mental health support and services, both from the NHS and from other organisations	Anyone	https://hubofhope.co.uk/
Alzheimer’s Society NELC	Dementia Advise and support Service Carers Information Support Programme (CrISP)	People with Dementia and Carers	Grimsby Office 01472 359247 Referrals_nelincs@alzheimers.org.uk Dementia Connect Helpline 0333 150 3456
Carers Support Service	Telephone Helpline – emotional support, signposting, referrals, information and advice.	Carers caring for a family member, friend or neighbour.	01472 242277 Info.nel@carerssupportcentre.com www.carerssupportcentre.com

Bereavement Support			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
St Andrews Hospice/ CRUSE Bereavement	Bereavement support via telephone, zoom, and social distance applicate to the rules		<p>NEL Bereavement Support service Monday – Friday 01472 250623 8:30am – 4:30pm Bank holidays – 01472 350908</p> <p>Email: grimsby@cruse.org.uk</p> <p>To make a referral hello@standrewshospice.com</p> <p>Website; Bereavement support in Grimsby St Andrews Hospice</p>
North East Lincolnshire Bereavement Support Service	Information on how to manage a bereavement, information on cemeteries, crematorium and what steps to take to report a death.	Children, Young People and Adults	<p>Tel: 01472 324869</p> <p>Email: bereavementservices@nelincs.gov.uk</p> <p>www.nelincs.gov.uk</p>
Winston's Wish	Winston's Wish provides bereavement support to children, young people and their families after the death of a parent, sibling or important person, along with online resources and training for professionals.	<p>Children, Young People and Adults up to age 25</p> <p>Professionals can also access resources to support</p>	<p>Tel: 08088 020 021</p> <p>Winston's Wish - giving hope to grieving children (winstonswish.org)</p>

	Winston's wish also provides guidance to schools/Agencies.	children/young people	
Together bereaved by suicide	For anyone who has been affected by a suicide, or suspected suicide.	All ages	Tel: 01482 240133 available 24/7 or on Freephone 0800 1380990. You can also text us on 07520633447 or Email: www.hey mind.org.uk

Domestic Abuse			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
Humberside Police	If you have concerns about your own or someone else's safety or want to report incidents of domestic abuse.	None	For emergencies Tel: 999 If you can't speak, press 55 when the operator is on the line to get help For non-emergency Enquiries Tel: 101

			Police Domestic Violence Officer (Available 9am-5pm) Tel: 01472 721224 / 721227
Women's Aid (Refuge)	<p>Safe, emergency supported refuge accommodation (individual flats) for women and their children fleeing domestic abuse, available 24-hours. Available on site is access to 2 gardens, a communal lounge, laundry, computer room & counselling rooms. Also includes 24-hour helpline and an 'on call' / 'call out' service, as well as providing donated emergency food, toiletries, clothes.</p> <p>Available for victims both from within NEL and for those from fleeing abuse from outside the area. Also helps those who may want to go out of town to another refuge for safety.</p>	Female victims and their children (male children below the age of 16)	<p>Tel: (01472) 575757</p> <p>Email: support@womensaidnel.org</p> <p>Website: The Refuge - Women's Aid (womensaidnel.org)</p>
Women's Aid Outreach / Resettlement Support	<p>Support for victims/survivors who want to stay in their own home or for those in refuge who are moving on to a new home.</p> <p>Support workers provide emotional support as well as practical support and can give advice and information on issues such as housing, debt, solicitors, benefits, networking, safety planning. They can also help find access to learning such as assertiveness; confidence building; college courses etc.</p>	Available for both female and male victims	<p>Tel: (01472) 575757</p> <p>Email: support@womensaidnel.org</p> <p>Website: Outreach Support - Women's Aid (womensaidnel.org)</p>

<p>Women's Aid Telephone/Email Support</p>	<p>24-hour emergency helpline and email for anyone has or is experiencing domestic or for those who are concerned about/are supporting individuals affected by domestic abuse, including friends, family, and professionals.</p> <p>If you are contacting women's Aid as a professional, please be aware that they cannot discuss specific cases with you unless you have obtained consent from the individual, otherwise they can only provide general advice.</p>	<p>Available to everyone</p>	<p>Tel: (01472) 575757</p> <p>Telephone: support@womensaidnel.org</p> <p>Website: https://www.womensaidnel.org/contact-us/</p>
<p>Women's Aid – Support for Male Victims</p>	<p>24-hour emergency helpline and email for anyone has or is experiencing domestic or for those who are concerned about/are supporting individuals affected by domestic abuse, including friends, family, and professionals.</p> <p>If you are contacting women's Aid as a professional, please be aware that they cannot discuss specific cases with you unless you have obtained consent from the individual, otherwise they can only provide general advice.</p>	<p>For male victims of domestic abuse</p>	<p>Tel: (01472) 575757</p> <p>(Also see more information about male victims on the 'Domestic Abuse' page)</p> <p>National helpline: 0808 801 0327 (free from landlines and most mobiles)</p> <p>Email: info@mensadviceline.org.uk</p> <p>Website: www.mensadviceline.org.uk</p>
<p>Women's Aid Drop-in Sessions</p>	<p>Drop-in Sessions are held at the Women's Centre and within the community 5 days a week with staff available to offer confidential advice and support to anyone who is experiencing any form of Domestic Abuse.</p>		<p>Drop-in sessions are available every day and one evening:</p> <p>Mondays 9.30 – 11.30am at Roxton GP Practice, Immingham</p> <p>Tuesdays 1pm – 3pm at the Women's Centre, Grimsby</p> <p>Wednesdays 1pm – 3pm at Clew Medical Centre, Grimsby Road, Cleethorpes</p> <p>Wednesdays 6pm – 8pm at our Women's Centre, Grimsby</p>

	<p>No appointments necessary.</p> <p>Support can also be offered via phone or video link</p>		<p>Thursdays 9.30am – 11.30am at the Women’s Centre, Grimsby Fridays 9.30am – 11.30am at the Counselling Room, Hainton Square Shop, Grimsby</p> <p>Call 0472 575757 for more information or visit: https://www.womensaidnel.org/drop-in-sessions/</p>
Women’s Aid Freedom Programme	<p>The Freedom Programme currently runs three times a week, both face-to-face and on Zoom (during term time).</p> <p>It is a 12-week programme that helps women and girls to understand more about how tactics, behaviours and rules are used to gain control in relationships. It also helps women and girls understand more about beliefs held by abusive men and how these are used to gain power and control over the victim.</p>	Women and girls only	<p>Email: freedom@womensaidnel.org</p> <p>Website: https://www.womensaidnel.org/freedom-programme/</p>
Women’s Aid Freedom for Families	<p>Free session developed for family and friends of those who have been or are experiencing domestic abuse.</p> <p>All sessions are held at the Women’s Centre, Grimsby.</p>		<p>Tel: Contact Maria/Denise on 01472 575757 Email: freedom@womensaidnel.org</p>
On-Line Safety Awareness	<p>Free 2 ½ hour sessions developed for victims and survivors of domestic abuse who may be concerned about staying safe online.</p>		<p>Tel: Contact Maria/Denise on 01472 575757 Email: freedom@womensaidnel.org</p>

	All sessions are held at the Women's Centre, Grimsby.		
Legal/Solicitors 'Drop-In' sessions	FREE legal drop-in style sessions available 4 times a month, that are kindly offered by local solicitors to support victims of abuse. Some sessions are being held virtually and some are face-to-face. They are really useful for those who just want to have a chat and find out options that may be available to them legally. They can also help some people to access Legal Aid.		<p>Free sessions are as follows:</p> <p>Pepperell's – Women's Centre (in person) on the FIRST Thursday of each month</p> <p>John Barkers – Virtual on the SECOND Thursday of each month</p> <p>Pepperell's – Virtual on the THIRD Thursday of each month</p> <p>Sills and Betteridge – Women's Centre (in person) on the LAST Thursday of each month</p> <p>All are 2-4pm</p> <p>Options Available to You - Women's Aid (womensaidnel.org)</p>
Citizens Advice Domestic Abuse Worker/Citizens Advice Drop-In' sessions	<p>The advice worker can help with any general advice such as housing, debt, finances, benefits and much more. She also has access to any specialist workers if they are needed.</p> <p>Weekly drop-in sessions through Women's Aid are also offered on a Monday morning by Citizens Advice.</p>	Those experiencing domestic abuse	<p>Tel: 0800 144 8848</p> <p>Drop-in sessions:</p> <p>Tel: Kate on (01472) 575757</p> <p>Email: support@womensaidnel.org</p>
The Blue Door (Rape CRISIS/ IDVA/ ISVA Service)	A specialist service which provides support to anyone that has experienced domestic abuse and sexual violence in North and North East Lincolnshire and those who have experienced rape and serious sexual offences in Hull and the East Riding of Yorkshire through a variety of advocacy, outreach workers, groups and programmes.		<p>Helpline: 0800 197 47 87</p> <p>Office Tel: (01724) 841 947</p> <p>Email: info@thebluedoor.org</p> <p>Website: https://www.thebluedoor.org</p>

<p>Multi-Agency Risk Assessment Conference (MARAC)</p>	<p>MARAC is a multi-organisation meeting with local agencies who discuss the highest risk victims of domestic abuse in the area. Information is shared about the risks faced by those victims, the actions needed to ensure their safety, and the resources available locally are used to create a risk management plan involving all agencies. Any professional agency can make a referral to MARAC.</p>	<p>Must meet the relevant referral criteria (high risk victims of DA only)</p>	<p>MaracReferrals@nelincs.gov.uk</p> <p>See website for a copy of the referral form: SaferNEL MARAC - SaferNEL</p>
<p>Children & Young Persons Independent Domestic Violence Advocate Provision</p>	<p>A specialist service which provides support to children and young people experiencing domestic abuse in their own intimate relationships. Suitable for children from ages 12/13 up to 18 (25 if they have additional needs), subject to consent from parent/carer and consultation with IFD.</p>	<p>Capacity is limited and practitioners should contact the service to discuss suitability of the individual they are considering referring.</p> <p>Not suitable for C&YP who have seen / heard / witnessed domestic abuse ie from a parent / carer.</p>	<p>Contact - Keelie Gibson</p> <p>Young Persons Independent Domestic Abuse Advocate</p> <p>The Blue Door Support Service CIC</p> <p>Mobile: 07512321962</p> <p>Tel: 0800 197 4787</p> <p>Monday – Friday 9am – 5pm</p>

<p>DART (Domestic Abuse Recovery Together) Programme</p>	<p>Through DART children and mothers can talk to each other about domestic abuse, learn to communicate and rebuild their relationship.</p>	<p>Mothers & children aged 7yrs – 14yrs</p>	<p>Website: Domestic Abuse, Recovering Together (DART) NSPCC Learning</p> <p>Early Help: Programme is delivered by Early Help Families First Practitioners at an EH level and Family Support Workers at CIN/ CP level.</p> <p>Early Help Assessment to be completed by an external agency when requesting for DART.</p> <p>Social workers can only request DART for Early Help Service if it is part of the plan at closure.</p> <p>Option to email kate.shore@nelings.gov.uk to see if DART would be an option prior to closure.</p>
<p>Affordable Justice (Based in Hull however are accessible for any area)</p>	<p>All-women team of family law specialists who can support with various family law issues including arrangements or disputes about children, financial matters, domestic abuse, and more. Provides advice, negotiation, and representation at court. If you cannot get legal aid, this organisation offers their services available at less than a third of the price of commercial law firms.</p>		<p>Tel: 01482 711003 Email: info@affordablejustice.co.uk Website: www.affordablejustice.co.uk</p>
<p>Empower Safer Homes - Target Hardening 84 Wellington Street, Grimsby, DN32 7DZ</p>	<p>Provision of target hardening support to victims of Domestic Abuse following referral from partner agencies.</p> <p>Target hardening involves strengthening the security of a building in the event of attack/ reduce</p>	<p>Must meet the relevant criteria (see website)</p>	<p>Tel: 01472 268708 Website: https://empowersocialenterprise.co.uk/ Complete referral form attached and email to; admin@empowersocialenterprise.co.uk</p>

Alcohol and Substance Misuse

<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
<p>We are With You Service</p> <p>76B Cleethorpe Road Grimsby DN31 3EF</p>	One to one or group support	Adults (18 years+)	<p>Tel: 01472 806890 www.wearewithyou.org.uk</p> <p>Website: https://www.wearewithyou.org.uk/services/north-east-lincolnshire/</p>
<p>NELC Live Well Wellbeing Service</p>	Offer 1:1 support around alcohol use		<p>Tel: 01472 325500 Email: wellbeingservice@nelincs.gov.uk</p> <p>Website: https://livewell.nelincs.gov.uk/your-wellbeing/wellbeing-service/</p> <p>Service Referral link: Wellbeing Service Provider Referral Form - Section 1 - Self service portal (achieveservice.com)</p> <p>Self-Referral Link: Wellbeing Service Self Referral Form - Section 1 - Self service portal (achieveservice.com)</p>
<p>Alcohol Anonymous</p>	Find an AA meeting near you	Adults	<p>Website: https://www.alcoholics-anonymous.org.uk/</p>
<p>Carers Support - The Angel Club</p>	The Angel Club is a specialist group for Carers of people with substance misuse problems. Offer virtual and face to face peer support groups.		<p>Website: https://carerssupportcentre.com/support/substance-misuse/</p>

			To book onto a support group visit; https://carerssupportcentre.com/whats-on
--	--	--	---

Housing / Tenancy Support Services			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
Home Improvement Team EQUANS (Housing - Property Conditions) (Previously known as Engie)	Housing and/or Tenancy support services - Issues regarding landlord repairs for example no heating / hot water, grants and loans for eligible owner occupiers, and enquires into insulation and energy efficiency grants. Reporting empty residential properties that are open to access.	The whole of NEL – There is a statutory homelessness out of hours service for those in crises.	Tel: 01472 326296, Option 3 homeimprovementteam@nelincs.gov.uk
Women's Aid NEL	Support and housing for victims and survivors of domestic abuse	Those experienced domestic abuse	Tel: 01472 575757 Email: support@womensaidnel.org Website: www.womensaidnel.org/
NELC Home Options Team	Homelessness and housing advice.		Tel: 01427 326296 (Homelessness – option 1)

Harbour Place	Daily drop in to access services to support those who are sleeping rough: <ul style="list-style-type: none"> • Housing • Health • Benefits • Harm Reduction Services 	Vulnerable/ isolated people	Tel: 01472 355234 Website: www.harbourplacegrimsby.org.uk
Salvation Army St. Peter's Avenue Cleethorpes DN35 8QB	Homelessness/ budget and debt advice	Adults	Tel: 01472 346620 Email: grimsby.corps@salvationarmy.org.uk Website: https://www.salvationarmy.org.uk/grimsby
YMCA Humber 21 Freeman Street, Grimsby, DN32 7AB	Supported accommodation for young people/ provides education and training, mental health support and youth activities to young people throughout the Humber area.	Young People	Tel: 01472 403020 Email: info@ymca-humber.com Website: https://www.ymca-humber.com/
1 Orwell Street (previously the Foyer) Grimsby, DN31 3HB	Move on - supported accommodation for all ages, aimed at people in employment.	All ages	Tel: 01472 403020 Email: info@ymca-humber.com Website: https://www.ymca-humber.com/what-we-do/supported-accommodation/foyer/
Doorstep Pasture Street, Grimsby, DN32 9EE	Provide housing and support to young people under 25 years old who have a local connection to North East Lincolnshire and are homeless or at risk of homelessness.	Young People under 25 years	Tel: 01472 321444/ 07718 494 660 Email: info@mydoorstep.org.uk Website: http://www.mydoorstep.org.uk/

Disabilities / Learning Needs / Speech & Language

<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
<p>SENDIAS Civic Offices Knoll Street Cleethorpes</p>	<p>Advice and support to children, young people and parents/carers of a child in relation to Special Educational Needs and Disability (SEND) living within North East Lincolnshire.</p>	<p>Children & Young People up to 25 years with SEND</p> <p>Parents/ Carers with SEND</p> <p>The drop in offers advice, support and sign posting to services in a friendly environment bringing together like-minded parent carers with children and young people with SEND.</p>	<p>Call: 01472 326363 Email: ask@nelsendiass.org.uk Website: www.nelsendiass.org.uk</p> <p>Facebook Page: Sendiass North East Lincolnshire Facebook</p> <p>Parent Engagement Champion SEND drop-in sessions.</p> <p>Monday at Central Children’s Centre, Edward Street 09:30-11:30</p> <p>Thursday at Nunsthorpe and Bradley Park Children’s Centre 12-14:00 (12-2)</p>
<p>‘Early Years Team’ Civic Offices, Cleethorpes, North East Lincolnshire</p>	<p>The Early Years Team offers support to children, their families, and early years providers when the child requires targeted or specialised support, has greater difficulty in learning than most others of the same age, or has a disability which prevents or hinders experiences which</p>	<p>Ofsted registered providers of care and education of children aged 0-5 years. This includes early years provision in schools,</p>	<p>For more information or to request support from the Early Years team please contact: earlyyearsnelc@nelincs.gov.uk</p>

	<p>are usually available to children of the same age.</p> <p>Our team aims to improve the standard and quality of early years provision across North East Lincolnshire. We offer bespoke advice and guidance for settings when identifying individual needs.</p>	<p>nurseries, pre-schools, childminders and out of school clubs.</p>	<p>NELC SEND Local Offer Early years - NELC SEND Local Offer (nelincs.gov.uk)</p>
<p>NELC Special Advisory Service Civic Offices, Knoll Street, Cleethorpes, North East Lincolnshire, DN35 8LN</p>	<p>The Service comprises of the Early Years and the Key Stage teams.</p> <p>The Specialist Advisory Teachers provide advice and guidance to schools/settings and parents on supporting their children's/students' learning, wellbeing, socialisation, communication and interaction.</p> <p>Team members also contribute to local processes and panels and work in a multi-disciplinary manner to address holistically children and young peoples' needs and difficulties.</p>	<p>Professionals and parents</p>	<p>Tel: 01472 323183 Email: SpecialistAdvisoryService@nelincs.gov.uk Website: Special Advisory Service</p>
<p>Children's Disability Service (CDS) Civic Offices, Cleethorpes, DN35 8LN</p>	<p>Offer; NELC Short Break Services, including care in the home, sitters, overnight care Assistants to support in accessing leisure activities, holiday play schemes, Care at home,</p>	<p>Children & Young People</p>	<p>Tel: 01472 326292 (option 5) Website: Children's disability service - NELC NELC (nelincs.gov.uk)</p>

	including sitter services, offer some aids and adaptations		
Linkage	Linkage Children and Families Service provides free information, advice, guidance and support to parents, carers and families of young people with additional needs and learning disabilities, aged 5-18 years old.	Children & Young People ages 5 - 18 years	Tel: 01472 372311 Email: heather.learwood-griffiths@linkage.org.uk Website: Linkage Supporting Specialist Post-16 Education, Care and Employment
NEL Portage Service Knoll Street, Cleethorpes, DN41 8BW	Portage is a home visiting educational service for pre-school children with special educational needs. These may be pre-school children who have learning difficulties, delays in their development and/or physical difficulties. The Portage Team aims to help families by working with them in their home, helping them to meet the needs of their child.	Pre-school children	Tel: 01472 323314 E mail: josephine.cooper@nelincs.gov.uk Website: Specialist Advisory Service - Portage (N E Lincs Portage Service) National Portage Association
NEL Educational Team for Hearing and Vision. Civic Offices Knoll Street, Cleethorpes, DN35 8LN	We support families and settings with children and young people who have been medically diagnosed with either a hearing or vision loss and have been given at least one hearing aid, cochlear implant or bone anchored hearing aid (BAHA) or has a visual loss which cannot be corrected with prescription glasses. We support children and young people across the range of educational placements including	Birth to leaving school	Tel: 01472 323465 Email: officeethv@nelincs.gov.uk Website: https://sendlocaloffer.nelincs.gov.uk/hearing-and-vision/

	preschool, nurseries, mainstream and special schools including Academies		
Young Carers Support Service	Offer peer support groups for young people who have been identified as a young carer	Young Carers (any age)	<p>Tel: 01472 326294 (option 3 then option 2) / 01472 242277 Email: admin.yps@nelincs.gov.uk Website: Young Carers - Carers Support Service (carerssupportcentre.com)</p> <p>Link to EHA</p>
Foresight 60 New market Street, Grimsby, DN32 7SF	<p>Supporting adults/children with a disability, addition needs (Don't have to have a formal diagnosis), vulnerable people and people struggling with mental health.</p> <p>Half term activities for children 8-17 which are inhouse and in the community (£2 per morning and £2 per afternoon session)</p> <p>Courses in life skills confidence building, creative crafts, reading and writing and IT skills.</p> <p>Sporting sessions, social groups, activities and outdoor sessions.</p> <p>Cleaning service, handy man service and food delivered to your door service – however these are payable.</p>	Adults 16+ Children and families.	<p>Tel: 01472 269666 Email: info@foresight-nelincs.org.uk Website: https://www.foresight-nelincs.org.uk/</p>

<p>Carers Support Service The Old Waterworks Offices 1 Town Hall Square Grimsby DN31 1HY</p>	<p>Offer various activities/ drop in's/ support in applying for PIP</p>	<p>Parent or child carers</p>	<p>Tel: 01472 242277 Website: Home - Carers Support Service (carerssupportcentre.com) Visit website to make a referral</p>
<p>Access Pathway Team</p>	<p>The Access Pathway is the route for children and young people (up to their 18th year), where support has already been accessed and tried, but further multi-disciplinary discussions may be required. This informs any extra intervention or specialist assessments needed, for example autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD).</p>	<p>Children/ young people up to 18 years</p>	<p>Tel: 01472 323998 Email: access-pathway@nelincs.gov.uk</p>
<p>NELC Educational Psychologist Civic Offices, Knoll Street, Cleethorpes, North East Lincolnshire, DN35 8LN</p>	<p>An Educational Psychologist is someone who visits schools to work with teachers, parents or carers and students. They are trained to find out how learning, development and behaviour can be improved. They support with the learning, achievement and emotional wellbeing of all children and young people</p>	<p>For parents and carers for children from birth – 25 years.</p>	<p>Educational psychology support for parents and carers - NELC NELC (nelincs.gov.uk) Refer to website above for opening times/venue Tel: 01472 323183 Email: EPService@nelincs.gov.uk</p>
<p>KIDS - Giving disabled children a brighter future.</p>	<p>Services that provide general parent, carer and family support as well as Key working, Sleep projects, Parent forums and Befriending services.</p>	<p>Parents/Carer's Young People and Children</p>	<p>Website Information, Advice & Family support KIDS KIDS Yorkshire and The Humber 182 Chanterlands Avenue, Hull HU5 4DJ Telephone: 0148 246 7540</p>

	<p>KIDS provide services to support children and young people's emotional wellbeing, particularly where a young person experiences anxiety and low mood as a result of Autism Spectrum Conditions or where not diagnosed but identified social, communication and interaction difficulties or other neuro-developmental disorders.</p> <p>KIDS also provides Mediation Services, Young Carer's Services, Domiciliary Care, advice on Children's Rights and Advocacy, SENDIAS and Legal Advice</p>		
<p>Contact for families with disabled children</p>	<p>Support for parents/carers on different medical conditions, early years support, benefits/tax credits, cost of living, emotional support and workshops.</p>	<p>Offering support for parents of children with additional needs/disability with/without a diagnosis</p>	<p>Website <u>Contact - for families with disabled children Contact Information & advice Contact</u> <u>Listening Ear Contact</u> Helpline: 0808 808 3555 Facebook group <u>Contact - For families with disabled children group Facebook</u></p>

Food Banks

<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
<p>We are ONE Foundation Church Hall, St Andrews, Albion Street, Grimsby, DN32 7DY</p>	<p>Food Larder St Andrews Church Hall, 2B Albion Street, GRIMSBY Tuesday & Thursday 11:00am - 2:00pm Closed Thursday 2nd June</p> <p>Walk-Through Hot Food Kitchen St Andrews Church Hall, 2B Albion Street, GRIMSBY Tuesday & Saturday 4:00pm - 6:00pm Open as usual Sat 4th June</p> <p>The above services are collection / takeaway ONLY</p>		<p>Tel: 01472 460246 Mobile: 07542 962210 Email: weareonefoundationuk@outlook.com Refer to website below for opening times/ venues Website: We Are ONE (Outreach North East) Foundation - UK Charity (weareonefoundation.co.uk)</p>
<p>West Marsh Community Centre Food Larder (in partnership with We Are One Foundation) West Marsh Community Centre Beeson Street</p>	<p>Predominantly supporting residents of the West Marsh. Although in specific circumstance can support the wider community of North East Lincolnshire</p>	<p>West Marsh area</p>	<p>Tel: 01472 269230 Open: Wednesday 11am - 2pm</p>

<p>Grimsby DN31 2QS</p>			
<p>Feed the community (in partnership with We Are One Foundation) St Christophers, Convamore Road, Grimsby</p>	<p>Free food parcel</p>		<p>Monday 11:00am - 2:00pm https://m.facebook.com/feedthecommunitygy/ Tel: 07727 260285</p>
<p>Rock Foundation Heneage Road, Grimsby, DN32 9ES</p>	<p>Free food parcels - only for those in receipt of means-tested benefits and households with children who are in poverty. Checks are carried out by Rock Foundation.</p>		<p>Tel: 01472 488026 Email: office@rockfoundation.org.uk Website: https://rockfoundation.org.uk/ Holme Hill, Wellington Street: DN32 7JX: Monday, Wednesday & Friday 1:00pm - 3:30pm Willow Community Church, Wingate Road: DN37 9EL: Tuesdays & Thursdays 1:00pm - 3:30pm</p>
<p>CARE Grimsby Access Point 18 Hainton Avenue, Grimsby, DN32 9BB</p>	<p>Provide food hampers</p>		<p>Tel: 01472 232310 Email: enquiries@carenelincs.co.uk</p>

<p>Oasis Hub, Grimsby Sutcliffe Avenue, Grimsby DN33 1AW</p>	<p>Provide food hampers for families living in South Ward or Oasis school families. Food parcels are free but are aimed at families on low incomes. Parcels need to be collected from the Hub.</p>	<p>South Ward/ Oasis School</p>	<p>Sharon.lines@oasisuk.org or sam.burgess@oasisuk.org 07983298965 Referral Form - https://forms.office.com/r/xNgsNnykK7 Open: Tuesday & Friday 10am – 12pm</p>
<p>Care4all Eleanor Centre 21 Eleanor Street, Grimsby DN32 9EA</p>	<p>Care4all operates a Meals on Wheels service which delivers nutritious meals every day, to predominantly older people, in their own homes.</p>		<p>Tel: 01472 472105 Meal on Wheels: 01472 322915 Website: Care4all - Supporting Vulnerable People</p>
<p>CARE Immingham Food Larder</p>	<p>This is for people in food poverty, not to deal with people that are isolating or cannot find adequate food in shops.</p>	<p>Immingham/ surrounding villages</p>	<p>Mon, Wed and Fri 12.00pm till 3.30pm Closed Friday 3rd June Referrals only via this form, can be completed over the phone by calling Elaine, 07419374197</p>
<p>Ech</p>	<p>Free Food parcels can be ordered and delivered on the same dates. No referrals needed Free Takeaway food/hot drink</p>		<p>Call 01507 824342 or 07577 568740 to order food parcel. Under flyover Cleethorpes Road – Wednesday 12:30 - 1:30pm & Saturday 6:30 - 7:30pm (time may vary slightly) Open as usual</p>
<p>St Peters Food Pantry</p>	<p>Focus on supporting the community of the St Peters Church area</p>		<p>Food parcel delivery must be booked in advance by:</p>


	<p>Monday – food parcel deliveries (must be pre ordered)</p> <p>Monday – 10am – 12pm Homeless Drop in for a hot drink and food parcel</p>		<p>Using the form available on their Facebook page - https://www.facebook.com/St-Peters-Church-Hall-Cleethorpes</p> <p>Or email – stpetersfoodbank6@gmail.com</p> <p>Open as usual</p> <p>Address for drop in: St. Peter's Church Hall St. Peter's Avenue, Cleethorpes DN35 8HP</p>
<p>Grimsby Neighbourhood Centre 289a Weelsby Street Grimsby DN32 7JW</p>	<p>We have free food to give away on Monday mornings from 9:00am for an hour (or maybe more) to any who are in need on the East Marsh.</p>	<p>East Marsh area</p>	<p>Tel: 01472 348129</p>

Grants / Household Items			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
<p>Buttle UK</p>	<p>Offer grants of up to £2000 for children/ young people who have experienced a recent crisis/ significant change in their life. They can fund activities and items</p>		<p>Website: https://buttleuk.org/</p>




	(furniture). Applications must be made by a support worker.		
Glasspool Charity Trust	UK-wide charity that provides grants support for people experiencing financial hardship. They provide grants for all types of furniture including flooring. A support worker has to be registered with Glasspool Trust to make the application on behalf of the recipient.		<p>Website: https://www.glasspool.org.uk/</p> <p>Accept new applications from 11am each Monday. Once we have received as many applications as we can potentially fund for the week, you will not be able to submit any new applications until 11am the following Monday. This will be a Tuesday if Monday is a bank holiday.</p>
BBC Children in Need Emergency Essentials	Our Emergency Essentials programme supports individual children and young people living with severe poverty, a lack of the basic facilities which most of us take for granted and additional pressures such as domestic violence, disability or poor health in the family.		<p>Email: emergencyessentials@familyfundservices.co.uk</p> <p>Website: Emergency Essentials - BBC Children in Need</p>
Family Fund	Help vulnerable children/ young who are experiencing a crisis or emergency through their BBC Children In Need Emergency Essentials Fund. Provides essential furniture items.	Children with a disability	<p>Website: https://www.familyfund.org.uk/faqs/how-do-we-apply</p>

Family Action Grants Service	Aims to help prevent an immediate crisis from spiralling and threatening the stability of families with children	Families with children	Website: Family Action's Grants Service: Financial support since 1869 (family-action.org.uk)
Smallwood Trust	Provides support for women living in persistent poverty, classed as being in relative income poverty in the current year and at least two of the three preceding years. They provide funding for “life situations” such as living on a low income and these grants can be used for essential furniture items.	Women	Website: Grants Smallwood Trust

Other			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
Michele Hargreaves/ Tracey Rudd Job Centre Plus Grimsby Bridge House, Grimsby	Able to do benefit calculations to show the financial benefits of working. Diagnostic interviews to find what their aspirations are and discuss the barriers that are preventing them from looking for work. Raise aspirations of the families and help them move in to work or closer to work – this may be training, volunteering, education etc.		Referrals can be made to by contacting Michelle or Tracey - with details of the family/person including name and contact details and some back ground information and reason for referral. Michele Hargreaves Tel: 07584 150605 Email: michele.hargreaves@dwp.gov.uk or Tracey Rudd Tel: 07584 145920 Email: tracey.rudd1@dwp.gov.uk

<p>Creating Positive Opportunities (CPO)</p> <p>Centre4, 17a Wootton Rd, Grimsby DN33 1HE</p>	<p>CPO support children to build their confidence and resilience by offering a school holiday programme where children can access activities such as Go Ape, Xscape and much more. There is an afterschool youth club situated in central Grimsby on a Tuesday where children can also access different activities. CPO work in partnership with the JEFF programme to support with antisocial behaviour and also have their own in-house counsellor and psychotherapist who offer support using a relational, humanistic and trauma informed approach.</p>	<p>Borough wide including Immingham</p>	<p>For more information or enquiries please contact</p> <p>Email: fiona@mycpo.co.uk</p> <p>Tel: 01472 236680 or 07872 898873</p> <p>Website: www.mycpo.co.uk</p>  <p>Full%20Families%20Referral%20Form%2C</p>
<p>Centre 4 Community Hub</p> <p>17a Wootton Road, Grimsby DN33 1HE</p>	<p>The Centre4 team is on hand to provide free and friendly support about Benefits, Debt and Money Management, Housing, Employment, Relationships & Family, Employment.</p>		<p>Tel: (01472) 236688</p> <p>E-mail: enquiries@centre4.org.uk</p> <p>Website: https://centre4.org.uk/</p>
<p>National Careers Service</p> <p>The Skills Hub, William Molson Centre, Kent Street, Grimsby DN32 7DJ</p>	<p>The Centre4 team is on hand to provide free and friendly support about Benefits, Debt and Money Management, Housing, Employment, Relationships & Family, Employment.</p>	<p>19+ years of age</p>	<p>Tel: 01472 324587</p> <p>Email: iag-nel@nelincs.gov.uk</p> <p>Contact wendy.trask@nelincs.gov.uk</p> <p>The Careers Service also offer two drop-in sessions per week called 'Let's Do This'.</p> <p>Tuesday at 9.30 at Central Library Grimsby</p> <p>Wednesday at 9.30 at Immingham Library.</p>

			Anyone wanting to access the service can just turn up at 9.30 for the information session which leads to making an appointment with an adviser.
<p>YPSS (Young People's Support Service)</p> <p>Molson Centre, Kent Street (Thesiger Street Entrance), Grimsby, DN32 7DJ</p>	<p>Team of Careers Advisers and NEET Practitioners supporting with information, advice and guidance about careers, further education, training and employment, including supporting year 11s with applications for post 16 provision.</p> <p>Also providing comprehensive destination data reports to academies upon request (purchased service).</p>	<p>Academic years 10 to 14</p> <p>(up to age 25 for young people with SEND or care experienced young people.</p>	<p>01472 326294 option 1, Email YPSS.MIS@nelincs.gov.uk</p> <p>Jobs, careers and training for young people - NELC NELC (nelincs.gov.uk)</p>
<p>Thrive-Nel</p> <p>Centre 4 Community Hub 17a Wootton Road, Grimsby DN33 1HE</p>	<p>Thrive-NEL hold a male only support group on Wednesday's, 10am – 11:30am at Centre 4.</p>		<p>Tel: 01472 236673 to self-referral</p> <p>Or a practitioner with consent can ring on their behalf and complete the referral form over the phone</p>
<p>Butterfly Mums</p> <p>Nunthorpe & Bradley Park Family Hub, Sutcliffe Avenue, Grimsby, DN33 1AN</p>	<p>Butterflies Mums volunteers make home visits or have contact with families each week supporting mums and their families in differing situations. They provide a listening ear and offer non-judgemental, practical and</p>	<p>Expectant mother or at least one child living in the family home</p>	<p>Tel: 01472 326612 Email: sara.wagstaff@centre4.org.uk</p>

	emotional support, and help to build confidence and coping skills.		 Butterflies Mums Professionals Informa  02. A Parent's Guide.pdf  Professionals%20referral%20form%20Butt
Baby's Basket Baby Bank 2 Brigg Grove, Lincoln LN6 3NW	Any parent who lives in Lincolnshire and is struggling through financial hardship or other difficulties to provide for the practical needs of their new baby can be referred by a health or welfare professional to receive baby items.	Expectant mothers	Tel: 07486 534 641 Email: grownups@babysbasket.org.uk Website: https://babysbasket.org.uk/
Grimsby Dad's Collective YMCA Humber 21 Freeman Street, Grimsby, DN32 1AB	The Grimsby Dads Collective brings together fathers and carers who had a child under the age of 25, or soon-to be fathers under the age of 25.	Young fathers 25 years and below	Tel: 07593586262 / 01472 359621 Email: debbie.taylor@ymca-humber.com Website: https://www.ymca-humber.com/what-we-do/family-support/grimsby-dads-collective/
Libraries in NELC	Grimsby Central Library, Town Hall Square, Grimsby, DN31 1HG Waltham Library, High Street, Grimsby, DN37 0LL Cleethorpes Library, Alexandra Road, Cleethorpes, DN35 8LG		

	The Gingerbread House Library, Church Lane, Humberston, DN36 4HZ		
Lincs Inspire E-Library	Borrow eBooks, eAudiobooks, eMagazines and eNewspapers to read on your phone or tablet using the Libby app, by Overdrive.	All	Website: eLibrary (lincsinspire.com)
Business Hive Inspire Project	Vulnerable young people who are at a cross roads in their life and be able to divert them from being exploited in to criminality, by providing them with hope and aspirations.	16 years – 24 years	Referral form: https://forms.office.com/r/CXMkp2N0ff
NSPCC Grimsby Service Centre Freshney Green Primary Care Centre, Sorrel Road, Grimsby, DN34 4GB	Together For Childhood/ Young SMILES Programme	East/ West Marsh area	Tel: 01472 803500
VANEL (Voluntary Action North East Lincolnshire)	VANEL develops, promotes, informs and supports the local voluntary, not-for-profit and charitable sector.		Tel: 01472 231123 Email: office@vanel.org.uk Website: http://vanel.org.uk/va/
Grimsby Geeks Welholme Works, Ladysmith Road, Grimsby	Group for anyone in NEL interested in technology, electronics, microcontrollers, robotics, 3D printing, gaming etc) Thursday afternoons 2-4pm.		

Shoots of Hope Community Allotment The Trin, Trinity Road, Cleethorpes	Tuesdays and Thursdays between 10am -1pm		
---	--	--	--

Baby / Toddler / Children's Groups			
<u>Organisation name</u>	<u>Service type</u>	<u>Restrictions/areas</u>	<u>Contact</u>
Lincs Inspire Children's Groups	Shake, Rattle & Read Group Little Readers Group	Babies / Children	Please refer to website for dates/ times Website: Children's Groups (lincsinspire.com)
Fusion Community Hub Every Thursday 6-8pm	Pool table/ PlayStation/ films/ tuck shop/ arts & crafts/ music/ free Wi-Fi and sports	10 years – 19 years	Website: www.fusioncentre.co.uk
Open Door Baby weigh in clinic Albion Street, Grimsby, DN32 7DL	Baby weigh in clinic	Babies	Every second Friday between 09:30am-12.30pm April 1st, 15th, and 29th May 13th and 27th Tel: 01472 722000 Email: nel.opendoor@nhs.net

One Voice Community Project Old Library, Pelham Road, Immingham	Parent & Child Play Session FREE to attend	Babies/ Children	Mondays 1.00pm – 2.30pm Website: www.onevoicecommunity.com
Climb4 Limited Centre 4, Wootton Road, Grimsby, DN33 1HE	Interactive baby sessions	Babies	Tel: 01472 236668 Website: www.climb4.co.uk
Youth Group Old Library, Pelham Road, Immingham	Every Monday 6pm-8pm	11yrs – 16yrs	Tel: 01472 236688 (ext 270) or 07548825026 Email: info@climb4.co.uk
Trinity Boxing Academy Trinity Road, Cleethorpes, DN35 8UN	Boxing Club	6+ yrs.	Email: hello@cleethorpestrinityboxingacademy.co.uk Website: Cleethorpes Trinity Boxing Academy

If you are not sure what support you are looking for, speak to the **Families First Information Service on 01472 326292/ <https://www.nelincs.gov.uk/fis/>**

You can also access the below link to know what there is within the local community

[Simply Connect North East Lincs - connecting you to your local community](#)

[Community - Connect NEL](#)

Please email machaela.stuart@nelincs.gov.uk or charlotte.gray@nelincs.gov.uk

with new or updated information on services so this can be added to the directory and updated on a regular basis.